



## Cooperative Elder Services

OUR MISSION: To empower seniors and adults with medical and or cognitive challenges to age-in-place by serving their health and socialization needs and provide support for families.

### OUR SERVICES:

- Skilled Nursing Care
- Nutritious Meals
- Social Services- Specialized Memory Care Programs
- Caregiver Support and Education
- Recreation Programming
- Exercise Classes

*"It takes a special program to make my mother feel she is safe and cared for outside of her home and to show her that coming out of the house to engage with others can be fulfilling and fun. Thank you."*

- Family caregiver

Our three community-based centers are open Monday – Friday. Saturday programming available at our Arlington location only.

ACTON: 30 Sudbury Road, Suite 1

ARLINGTON: 37 Broadway

BURLINGTON: 37 B Street

To learn more, please call us at 781-863-1166 or visit [www.elderdayservices.org](http://www.elderdayservices.org)

Specialized programming offered by CESI provides community-based, day health care options, to support seniors and adults learning to live with medical and/or cognitive challenges as they age-in-place. Additionally, each program supports the health and socialization needs of a wide range of seniors and adults by providing:

- Nursing care
- Rehab therapies
- Engaging programming
- Support for participants, as well as their caregiver(s)

*"My husband loves his "social club" at CESI. While he's there, I'm grateful to have a few days each week to run errands and spend quality time with friends and family. Thank you."*

- Family caregiver

All CESI Programs are licensed by the Department of Public Health and are MassHealth certified.

Payment options include: MassHealth, State Home Care, VA Reimbursement, Private, and Some Insurance Carriers.



COOPERATIVE ELDER SERVICES, INC.  
ADULT DAY HEALTH CARE PROGRAMS

Serving Elders in the Greater Boston area since 1978

[Cooperative Elder Services, Inc. is an equal opportunity provider.](#)